Good morning everyone!

Let us start our worship this morning by each one of us making the sign of the cross.

The Sign of the cross

In the name of the Father,
and of the Son
and of the Holy Spirit.
Amen

The Lord be with you

AND WITH YOUR SPIRIT.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

Welcome

Today we hear about how Jesus healed people who were sick.

Many people who were ill came to Jesus and he made them better.

Who makes you feel better when you are sick?

Let's think some more about healing today.

Mark 1:29-39

Jesus and his disciples left the synagogue and went straight to the home of Simon and Andrew. Simon's mother-in-law was sick in bed with a fever, and as soon as Jesus arrived, he was told about her.
He went to her, took her by the hand, and helped her up.
The fever left her, and she became better.

All the people of the town gathered in front of the house. Jesus healed many who were sick with all kinds of diseases.
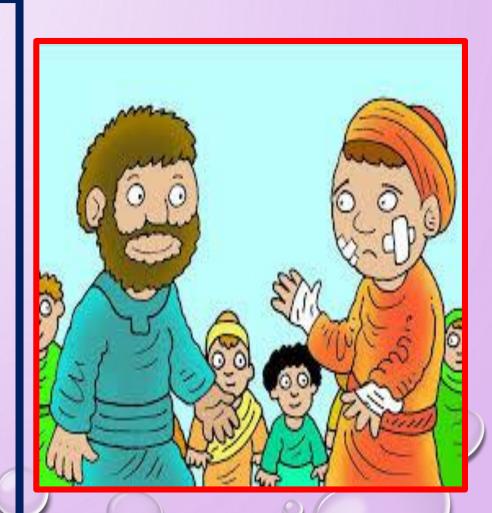
Mark 1:29-39

Very early the next morning, Jesus got up and left the house.

He went out of the town to a lonely place, where he prayed. But Simon and his friends went out searching for him, and when they found him, they said, "Everyone is looking for you."

But Jesus answered, "We must go on to the other villages round here. I have to preach to them also."

So he travelled all over Galilee, preaching in the synagogues.

Gospel reflection

What do you think this story tells us about Jesus?

Jesus cared for people and wanted to help them.
He was able to make people well again because he is God's son.

When people saw what he could do, they believed in him.

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HELP

Gospel reflection

When was the last time that you were sick?

How did you feel?

Who helped you and made you feel better?

What did they do to make you feel better?

Gospel reflection

This last year has been a difficult one, but we have all been doing what we can to try to help ourselves and others to stay well and stop the coronavirus from spreading.

Gospel reflection

What have you done to help yourself and others to stay well?

Sometimes when we are sick we have to see a doctor or go to the hospital.

Gospel reflection

Jesus healed all those who came to him for help.

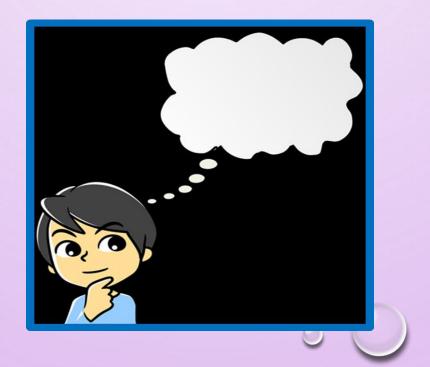Although we cannot heal people the way Jesus did, we can help them by ringing a doctor

We can also show people here who are ill that we care about them by looking after them, taking them some food or drink,

By sending them a card or letter in the post, by phoning them

MY QUESTION TO YOU ALL TODAY IS

What will you do to show someone who is sick that you care this week?

Let us Prayer

Dear God of love,

help us all to follow Jesus' example of loving care, and to treat all those who are ill with kindness and tenderness.

Amen.

THIS WEEK, I WANT YOU ALL TO SHOW SOMEONE THAT YOU CARE!

Monday Blessings May your week be blessed!